

FLOWCHART OF RECOMMENDATIONS

from ASENEM for restarting the activity of Digestive Motility Laboratories during the COVID-19 pandemic.

BEFORE THE PROCEDURE

1. It is recommended to start the activity gradually with priority indications.
2. Adjust appointments to disinfection times to prevent crowding in the waiting room.
3. Telephone survey (Appendix 1) to evaluate the risk of COVID-19 infection.
4. Upon arrival at the Laboratory, temperature measurement and re-inquire about symptoms.
5. Patient and companion: hand washing with hydroalcoholic solution, face mask, and social distance.

Risk assessment

COVID-19 with PCR + or clinical suspicion:

postpone until recovery and quarantine (4-6 weeks).

Asymptomatic with close contact:

postpone 2 weeks.

Probable immunization or asymptomatic with unknown immunological status:

do NOT postpone the test.

DURING THE PROCEDURE

In cases of COVID-19 infection and exploration which cannot be postponed:

use specific rooms.

Healthcare personnel in procedures of the upper digestive tract:

use standard PPE (Appendix 3).

Healthcare personnel in anorectal procedures:

use standard or reduced PPE (Appendix 4).

In manometric perfusion systems:

keep perfusion until removal of the catheter

AFTER THE PROCEDURE

1. Disinfection and reprocessing of reusable probes according to usual protocols.

2. Removal of PPE in the same room or a room enabled for such a purpose.

3. Dispose of one-use materials into an infectious biological waste container.

4. Disinfection of recorder, accessories, stretcher, and surfaces with a viricidal agent.

5. Record of the activity and follow-up after two weeks.